

## SQR4 READING METHOD

### S = SURVEY

Surveying helps you gain an understanding of the chapter and how the material is organized. It also provides insight into the main ideas of the sections.

- Preview the textbook before reading the chapters. Begin by reading the preface, introduction, index, and table of contents. Next, read the titles and subtitles, chapter objectives, charts, diagrams, captions, tables, summaries, and end of the chapter questions. Repeat this process for each chapter by reviewing the titles, subtitles, chapter objectives, charts, diagrams, tables, captions, chapter summaries, and end of the chapter questions.

### Q = QUESTION

- Before reading, formulate a question for the subtitle of the section. For example, the subtitle may be “Composition of Pulmonary Surfactant,” the question could be: “What are the components of surfactant?”
- Review chapter question located in the beginning or end of the chapter.
- Questions guide your reading, gives purpose to the reading, and helps you determine what should be extrapolated from the section.

### R #1 = READ

- Read the section by actively searching for the answer to the question you have formulated. Do not overlook important information by searching only for the answers to your question. Be mindful of important key words in bold print or italics. Make note of information that is unclear and may require further reading or assistance.

### R #2 = RESPOND

- **In your own words, respond to the question you have formulated. Recite the answer aloud or write your answer in your own words. Your textbook should be closed before writing or reciting your response. Use key words to trigger your memory and aid in organizing your thoughts. If you have difficulty answering the question you have formulated for the section, you may have to formulate a new question. Make sure you have reread the section thoroughly before formulating a new question.**

**R #3 = RECORD**

- **After you have answered the question and summarized the material in your own words, record the information in a manner that will help you recall and retain the information. For example, highlight important information in the text; make notes in the margins of the section that will further explain the content. Write the question you have formulated in the margins or next to the subtitle of the section.**

**R #4 = REVIEW**

- **After you have completed the section, write a summary of what you have read. Your summary should be in your own words to facilitate retention of the material. After you have summarized what you have read, write down questions that address areas of confusion. Present these questions in class or engage in further research to gain clarification. Formulate additional questions that will foster a deeper understanding of the material. These questions can also be presented in class. Also, attempt to identify how the material relates to previously learned concepts.**
- **Review material once a week to facilitate retention. Scheduling once a week review sessions will help with retention and recall. Always begin your review sessions with material (lecture notes, summaries, etc.) from the beginning of the course. As the semester progresses, you will find that you are spending less time reviewing old content. This will also be very helpful during exam time. Instead of having to re-learn material from the beginning of the semester, you are now simply reviewing the material.**

\*Adapted from the University of Guelph Learning Commons