Once again, our BSN students have represented LSUHSC-School of Nursing in a stellar manner at the Louisiana Association of Student Nurses Conference. Congratulations to all on such a wonderful achievement. The nursing school will soon have a display case to showcase all our student awards.

In addition, we have several faculty who will be recognized as Great 100 Nurses this month: Marti Miller, Jean Cefalu, Gerald (Jay) Guidry, Alma Nixon, Jennifer Badeaux, Kimberly Cheramie, Andrew Pitt, and Julia Tipton. These student and faculty accomplishments are truly representative of our nursing school brand, “Leaders Defining the Art and Science of Nursing.”

As you can see, the nursing school renovations continue to proceed. We expect these to be completed before the end of the semester.

We will send four students to the NSNA Mid-Year meeting.

Ms. Cefau has secured School of Nursing grant for $143,000 by the Centers for Medicare and Medicaid Services (CMS) to train nursing staff in Louisiana nursing homes in comprehensive skin care and wound management. The funding supports the training around the state. The state of Louisiana ranks 49 out of 50 in the prevalence of pressure sores, with an 11-13% prevalence, according to CMS.

Don’t forget to apply for scholarships offered by the nursing school. The deadline is October 15, 2012. Information regarding these scholarships can be requested from Ms. Karen Smith at Ksmi11@lsuhsc.edu.
There are 2 upcoming PAL-sponsored presentations I wanted to let all of you know about. All are encouraged to attend.

1. **Presenter**: Dr. Sheila Chauvin, Professor of Medicine & Public Health  
   **Topic**: “Maximizing your Learning and Achievement Potential”  
   **Date/Time**: Friday, October 19th, 2012 from noon – 1pm  
   **Location**: Lion’s Room #303. It will also be available, via distance learning, at the School of Dentistry in Room #3209  
   *Learn how to:  
     • Prioritize, plan, and maximize study efforts  
     • Adjust study strategies based on learning preferences  
     • Apply cognitive strategies to enhance learning

2. **Presenter**: Shannon Wall Mangum, MPS, LOTR  
   **Topic**: “Suicide Awareness & Prevention”  
   **Date/Time**: Tuesday, October 23rd, 2012 from noon – 1pm  
   **Location**: Lion’s Room #632 (Large Lecture Room) We are in the process of arranging distance learning at the School of Dentistry.

I wanted to acknowledge all the classes for participating in Spirit Week activities. It’s great to see such a high level of school spirit even in the midst of exams. The posters are phenomenal.

Catherine N. Lopez, DHEd, RN
LSU Nurses’ Notes

10/15/12

LSU Health School of Nursing

SGA Updates

The next SGA meeting will be in seminar room 10 on Nov. 5th from 12-1pm. We will be taking nominations for the SGA Executive Board’s open positions: President, Social VP, Historian and Treasurer. If students would like to run for a position they must attend the meeting. If class is conflicting with the meeting, the student needs to email Meagan Hingle (mHING1@lsuhsc.edu) in advance.

We will also have a guest speaker, Captain Jonathan Pellum from the New Orleans area Air Force Officer Training Corp (ROTC) to talk about opportunities in the Air Force, including the benefits of service and even scholarship opportunities for nursing students. Air Force Nurses, Maj. John Lawson and Capt. Shawnice Shankle, who are both working on Air Force Sponsored Graduate Degrees at LSUHSC, can speak to the specifics of how the nursing admissions process works and the average day in the life of an Air Force Nurse!

Upcoming SGA Events

SGA Meeting:

November 5
12pm-1pm
Seminar Room 10

Mark your calendar!
Next school-wide sale day will be October 15, 2012 from 9am to 1pm in the new student lounge.

SGA will be taking preorders for polos ($25) and scrub jackets ($30) and will also be selling leftover t-shirts and coffee mugs from graduated classes. Please contact Jennifer Gravolet (jGRAVO@lsuhsc.edu) to order.

SNA will be selling fleeces ($32), clipboards ($15), and badge reels ($8). All classes can also sell their fundraiser items during this time. Come check out all the great items!
SGA and SNA Contacts

All SGA and SNA officers may now be contacted through their officer emails, listed below. You can also find these email addresses listed on the organization’s website via the current student link on the nursing school homepage.

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><a href="mailto:SGApresident@lsuhsc.edu">SGApresident@lsuhsc.edu</a></td>
<td>Meagan Hingle</td>
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<td><a href="mailto:SGAvicepresident@lsuhsc.edu">SGAvicepresident@lsuhsc.edu</a></td>
<td>Mark Ranatza</td>
</tr>
<tr>
<td><a href="mailto:SGAsecretary@lsuhsc.edu">SGAsecretary@lsuhsc.edu</a></td>
<td>Chelsea Gandolfi</td>
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<tr>
<td><a href="mailto:SGAtreasurer@lsuhsc.edu">SGAtreasurer@lsuhsc.edu</a></td>
<td>Leonard Jones</td>
</tr>
<tr>
<td><a href="mailto:SGAsocialVP@lsuhsc.edu">SGAsocialVP@lsuhsc.edu</a></td>
<td>Mark Ranatza, Catherine Brown</td>
</tr>
<tr>
<td><a href="mailto:SGAhistorian@lsuhsc.edu">SGAhistorian@lsuhsc.edu</a></td>
<td>Kira Riches, Beth Yellot</td>
</tr>
<tr>
<td><a href="mailto:SGAintramuralchair@lsuhsc.edu">SGAintramuralchair@lsuhsc.edu</a></td>
<td>Sarah Windsor</td>
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<tr>
<td><a href="mailto:SGAparliamentarian@lsuhsc.edu">SGAparliamentarian@lsuhsc.edu</a></td>
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<td><a href="mailto:SNAtreasurer@lsuhsc.edu">SNAtreasurer@lsuhsc.edu</a></td>
<td>Holly Tomasello</td>
</tr>
<tr>
<td><a href="mailto:SNAhistorian@lsuhsc.edu">SNAhistorian@lsuhsc.edu</a></td>
<td>Renee Brockman, Leonard Jones</td>
</tr>
<tr>
<td><a href="mailto:SNABTN@lsuhsc.edu">SNABTN@lsuhsc.edu</a></td>
<td>Meagan Hingle, Kristy Lepine</td>
</tr>
<tr>
<td><a href="mailto:SNACSC@lsuhsc.edu">SNACSC@lsuhsc.edu</a></td>
<td>Meghan O'Quinn, Genevieve Claypool</td>
</tr>
<tr>
<td><a href="mailto:SNAGSC@lsuhsc.edu">SNAGSC@lsuhsc.edu</a></td>
<td>Logan Mumphrey</td>
</tr>
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</table>
SNA Updates

SNA will be collecting new and gently used stuffed animals to donate to the Audrey Hepburn CARE Center, a child abuse center that provides pediatric forensic medical evaluations. Children who go to the CARE Center will get to choose a stuffed animal to take home so that they can have something to love. Donations can be brought to the SNA meeting October 8th or outside of Ms. Bernard's office throughout the month of October.

Upcoming SNA Events

**Fight for Air Walk to benefit the American Lung Association**
When: Saturday, October 20, 7:00am – 12:00pm
Where: Audubon Park, New Orleans

**Susan G. Komen Race for the Cure**
When: Saturday, October 20, 7:00am – 11:00am

**Great 100 Nurses Celebration**
When: Wednesday, October 24, all day (can sign up for shifts as available from 12:00pm – 10:00pm)
Where: Pontchartrain Center, Kenner

**Boo at the Zoo**
When: Saturday, October 27, 4:00pm – 9:30pm
Where: Audubon Zoo, New Orleans

**Museum Mash**
When: Sunday, October 28, 4:30pm – 9:30pm
Where: Louisiana Children’s Museum, New Orleans

**Magnolia School Moonlight on the River Gala**
When: Friday, November 2, 6:00pm – 11:00pm
Where: Magnolia School Grounds, 100 Central Ave., Jefferson

**Bridge House Thanksgiving Lunch**
When: Thursday, November 22, 10:00am – 12:00pm
Where: Bridge House, New Orleans
PALS-Sponsored Event

Presenter: Dr. Sheila Chauvin, Professor of Medicine & Public Health

Topic: "Maximizing your Learning and Achievement Potential"

Date/Time: Friday, October 19th, 2012 from noon - 1pm

Location: Lion's Room #303. It will also be available, via distance learning, at the School of Dentistry in Room #3209

This presentation is recommended for all students, but will be especially important for those who are struggling with school-related issues such as prioritizing, studying and test-taking skills.

Dr. Chauvin will be discussing:

· How to prioritize, plan, and maximize study efforts
· How to adjust study strategies based on learning preferences
· How to apply cognitive strategies to enhance learning

PAL Representatives: Please put this on your schedule now and encourage your classmates to attend as well.

PAL Mentors & Faculty: Please disseminate this information to your students as quickly as possible, and encourage students who may be struggling with academic issues to attend.
## Geaux Tigers!
### LSU Football

### Ticket Distribution Schedule

<table>
<thead>
<tr>
<th>Game Date</th>
<th>Box Out at 12 noon Wednesday</th>
<th>Box Picked-up at 12 noon Wednesday</th>
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</table>
Sigma Theta Tau is selling tickets for an autographed and framed Blue Dog screen print. "Number One Fan". These were sold for $500 each for a limited time last year. They were limited editions so they cannot be purchased anymore. We have one donated by our board members. Very valuable. The drawing will be held November 12th at 4:30pm in the Deans Reception room. Only 500 tickets will be sold. The print will be displayed daily on the 4th floor. Great Christmas gift for the LSU fan.
It's that time again! We are having our 3rd Annual LSU School of Nursing Alumni Association Tailgating Party! Come join old and new friends and enjoy some great tailgate food and spirit before the Mississippi State Game.

Saturday, November 3, 2012

Location: Corner of S Campus Drive & Tower Drive. On the side of the Life Sciences building across from the Union Parking Lot

Time: 9:00am until kickoff

Food and Beverages will be available. Donations are being accepted toward food and drinks.

Hope to see you there and

GEAUX TIGERS!!!

LSU School Nursing Alumni Association
Senior II Class

- Our 1st fundraiser for the semester will be fold over elastic hair ties! We plan to start selling them the first week of October!

Senior I Class

The SR I class is now selling LSU Nursing cups!

20 oz. insulated cups with top and straw--great for tailgating, keeps your drinks hot or cold. Cups are $14 each.

Email rsteen@lsuhsc.edu or sraym2@lsuhsc.edu to pre order or if you have any questions.

Cups will be sold and distributed at monthly Monday sales days.
Junior II Class

The Junior II's are selling Saint's themed t-shirts! Our Saints players need our support these days :) We are offering both long and short sleeve shirts.

<table>
<thead>
<tr>
<th>Short sleeve</th>
<th>Long sleeve</th>
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<tr>
<td>$16</td>
<td>$20</td>
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<td>+$2.00 for XXL and XXXL</td>
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We are taking donations for our class fund to receive chances at winning tickets to the Saints vs. Buccaneers game on Dec. 16! $7 buys you 1 chance, $10 buys you 2!

Sell dates: Monday (9-11) Thursday (9:20-11) Friday (9-11)

Class Dues:
The due date has been set for Nov. 16th. This should allow time in between courses to see where you are and if you are progressing. Remember dues are $40 per semester. Please find your treasurer, Sara Lacey, to pay.

Junior I Class

Keep Calm and Nurse On!

Jr I’s are now taking orders for long-sleeved T-shirts (WITH A FRONT POCKET!). Katy Brown and Caitlyn Blanchard will be taking orders this Monday, October 15 from 9am-1pm in the 4th flr student lounge. Shirts are $20/each. Deadline to order: Oct. 30.

(cblan@lsuhsc.edu and k brow6@lsuhsc.edu)

Class Dues are $35 this semester. Please make all payments to Kelsea Pechon (kpecho@lsuhsc.edu).
Sophomore II Class

Sophomore II's will be teaming up with Care XII's to sell Nightingale Ball T-shirts. They will be taking orders Monday 11-1, Tuesday 10-1, and Thursday 9-11 in the 4th floor student lounge. Shirts are $20/each.

Sophomore I's will also start selling their first fundraising item this week -- KOOZIES! 1 for $4 or 3 for $10 -- The holidays are right around the corner, get your friends, family, and love ones gifts!

Class Dues are due by November 7th. Please give $50 to Priscilla Terrase.

Sophomore I Class
**CARE XI**

Class dues are DUE by October 31, 2012. They are $30, payable to Jo-Lyque Turner. Cash and checks (made out to CARE XI at LSUHSC)

CARE XI/CARE XII will have an open forum, lunch meeting on Tuesday, October 16, from 12:00 - 1:00 in Room MEB 10. Please bring your own lunch and any questions you have!

**CARE XII**

CARE Buddy Meet-Up:
Tuesday, Oct 16, 12-1pm, location TBA

Coming SOON....we will be selling Nightingale Ball T-shirts with the Sophmore I class as a fundraiser!