Dr. Laura Bonanno, Director of the Nurse Anesthesia Program has been appointed by the Governor for a 4 year terms as a Louisiana State Board of Nursing member.

Dr. Demetrius Porche, has been appointed by the Governor for a 4 year term as a member of the Louisiana State Board of Nursing and will continue to serve as President of the Louisiana State Board of Nursing.

Renovations in the nursing school on the 2nd floor should be complete in early February; however, renovations will begin on Lecture room 1 soon.

The School of Nursing will participate as a sponsor for the Louisiana State Nurses Association Nightingale Gala on February 16, 2013.

Nurses Day at the Legislature is scheduled for April 26 and 27, 2013.

The New Orleans District Nurses Association Student Nurse Night is tentatively scheduled for April 18, 2013.
Tips for Success

1. Personal Time:
   Take time for yourself each day. We all need at least 30 minutes of “me” time a day. You will find it helps keep you focused if you allow yourself personal down time. Some suggestions: exercise, read (not your nursing books), go for a walk, call a friend, take a bubble bath, watch TV, or listen to your favorite music.
   Eating and adequate sleep are essential. You need to feed and rest your brain daily.

2. Find a system to study that work for you:
   Study groups may be helpful. You learn from each other. Group members benefit from the support.
   Some students prefer to study alone.

3. Be Prepared:
   Read posted handouts and assigned readings before class. You will have more time to focus on the lecture/class presentation if the concepts are familiar.

4. Prioritize:
   You will need to assess what classes need the most attention now.

5. Ask for Help:
   The faculty is willing to help. Ask for an appointment, be on time and stay focused during this meeting. Campus Assistance is available to all students. They can be reached at 568-8888.
   Upper level students and student leaders are a great source of assistance.

6. Pace Yourself:
   It is almost impossible to try and learn what you need to know the night before a test.
   Take a break every two to three hours.

7. Don’t give up:
   You worked hard to get here. The sheer volume of information you need to learn and the demands on your time can be overwhelming.
We will be selling the SGA polos and scrub jackets with the NEW logo. The Scrub Jackets are $30 and the Polos are $25. We have the items available; it will not be a preorder.

Upcoming SGA Events
Meeting dates (12 - 1p in MEB 10)
- February 4th
- March 4th
- April 8th

SALE DAYS (10 – 1p, 4th floor SON)
- January 28th
- February 18th
- March 11th & 25th
- April 15th
SNA Updates

MEETING DAYS (MEB 4)
- January 14th
- February 18th
- March 11th
- April 15th

NOTE time change to 7am!!! Come get free breakfast.

SNA will be selling fleece, badge reels, and clipboards that are very helpful while in clinicals. Stay tuned for a NEW SNA t-shirt.

UPCOMING SNA EVENTS

Sunday, February 24th Rock and Roll Mardi Gras Marathon – time TBA (morning)
On February 24th we will be running a water station at mile 20 of the Mardi Gras Marathon. This marathon supports charities such as the Leukemia and Lymphoma Society, St. Jude’s Children’s Hospital, ASPCA, research on Chron’s and ulcerative colitis disease and many more other charities.

February Donations to St. Michael’s Special School
St. Michael’s is a school for the special needs children’s and adults. Once the children turn 21, they go on to the Joy center. One project they enjoy is collecting Mardi Gras beads for the community. They then repurpose the beads to be resold to riders in Mardi Gras parades for next year. All proceeds go back to the school to fund the living expenses of the disabled adults that work there.
The SR I class are selling LSU Nursing cups!

20 oz. insulated cups with top and straw--great for tailgating, keeps your drinks hot or cold. Cups are $14 each.

Email rsteen@lsuhsc.edu or sraym2@lsuhsc.edu if you would like to order one or if you have any questions.

Senior I Class

Senior I Saints T-shirts are still on sale!!!
Short sleeve Long sleeve
$16 $20
+$2.00 for XXL and XXXL

Class Dues:
The due date has not been set at this time. Remember dues are $40 per semester. Please find your treasurer, Sara Lacey, to pay.
Junior I Class

The Junior I's will be selling Mardi Gras t-shirts for $18 to kick off the carnival season! Come support our class and place your order during the sale days. Please email Kaitlyn Moser (kmoser@lsuhsc.edu) if you would like a shirt but are unable to attend a sale day.

Class Dues are $40 this semester and the deadline is February 15th, 2013.

Junior II Class

Keep Calm and Nurse On shirts are still available for purchase. Contact a class officer if interested.
**Sophomore II Class**

Please give Spring 2013 semester class dues to Priscilla Halloran by Friday, March 1st. $50 cash or check made out to LSUHSC SON c/o May of 2015.

Senior II’s and Sophomore II's will have there combined class party Friday, January 18th at Grits from 9-1pm! ONLY $5 to get in!

The Sophomore II class are still selling Nightingale ball t-shirts from this past fall. Please contact one of the class officers if you would like to purchase one.

**Sophomore I Class**

SGA officers will be contacting you in the next week regarding class officer elections. Please watch for an email.
Congratulations to Diana Ramirez who was elected SGA Class Representative!

Check out the CARE XI Countdown Poster on the 3rd floor SON elevators. We are getting ready to (610) STOMP OUT of Nursing School!

Please answer your surveys ASAP! Look at the email sent last week by Jamie Gannon for the link.

Hope your first week of clinical went well! We still will be collecting dues on Monday and Thursday during class next week. Please be sure to turn in $10 to Samantha Howard ASAP.

Congrats to Amanda Hussey, who was recently elected as our PALS Rep!
Janssen APNA Scholarship

- Pays all expenses for a student to attend the APNA psychiatric nurses convention including airfare, food, lodging, tuition, and a stipend.
- Dr. Bennett has agreed to hold a “workshop” for people who want to apply.
- The mental health faculty will help students with the rest.
- Contact Mrs. Buccola for more information Nbucco@lsuhsc.edu

Is anyone interested in being tutored or tutoring someone else? IF SO, POST YOUR REQUEST HERE!!!

If you would like to post something, please email SGAsecretary@lsuhsc.edu so that it will be on the next Nurses’ Notes.